



Association of Christian Therapists

A Multi-disciplinary Organization of Healthcare Practitioners and Associates

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MCLEAN, VA

Healing the Roots of Addiction: Inviting Jesus into the Pain

“...Be transformed by the renewing of your mind”
Romans 12:2

16 - 19 September, 2010

Hilton Albuquerque
Albuquerque, New Mexico

ACT

www.actheals.org

Association of Christian Therapists

16 CEUs
Available!

2010 International Conference

Albuquerque, New Mexico

ACT International Headquarters
6728 Old McLean Village Dr.
McLean, VA 22101
703-556-9222 703-556-8729(fax)

General Information:

About This Conference:

Humanity is not perfect. Flaws and shortcomings surface in the face of addiction whether it be manifested in drug or alcohol abuse, sexual addiction, gambling, working, shopping, eating or even spiritual gluttony. Addiction wears many faces. We encounter addictions in ourselves and in those we love and know, in our professional and personal lives. How do we help in the face of addiction? How are addicts treated by medical professionals, nurses, psychotherapists, counselors and the professionals in the allied health fields? This conference will benefit many from the practicing professional to the person who is simply seeking answers of why human beings are addictive prone and what can be done about addictions in our own lives and the lives of those we serve and love.

About The ACT Conference:

Why a Pre-Conference? What is this all about? Some attendees have been concerned about the length and cost of past International ACT Conferences. This year ACT is providing two attendance options: A Pre-Conference and the annual International Conference. The Pre-Conference opens Thursday morning at 9:00am and will feature two workshops by presenters Fr. Richard Rohr, OFM and Dr. Allen Berger, Ph.D. which will flow into their conference presentations during the ACT International Conference. There is a time and cost differential for the added Pre-Conference which is noted on the registration form. The ACT International Conference and Pre-Conference offers related seminars, Q&A sessions, riveting workshops, healing services, and many opportunities to learn and experience through interaction with other participants. New Conferees are cordially welcomed and invited to become acquainted with others who have answered the call to Christian healing prayer and practice for many years. Come join us, you will be pleasantly surprised. Come "Taste and See the Goodness of the Lord." Where there is breath there is hope!

About ACT:

ACT is a unique international organization providing educational, spiritual and social benefits to all Christian healing providers and healing associates. ACT provides physicians, dentists, nurses, clergy and religious, pastoral care providers, psychotherapists, counselors, educators, allied health practitioners and others, to join in the united effort of integrating spirituality with their professions under the guidance of Jesus Christ and The Holy Spirit. Utilizing resources of prayer, mentoring, education and training, ACT seeks to extend the healing presence, heart, and mind of Jesus Christ to colleagues, patients, clients, and institutions. ACT invites like-minded men and women throughout the world to join us, to know and make known the healing love of Jesus Christ and the healing power of the Holy Spirit to those in need.

Music Ministry:

Steve Herrera is the Director of Music and Liturgy at Aquinas Newman Center at the University of New Mexico. His is an inspirational ministry that will pierce the heart and "make known with boldness the mystery of the Gospel." (Eph. 6:19) He has over 20 years of experience in ministry from youth through adult at both the local and conference level. He was a full-time youth and young adult director for over 6 years before becoming a national speaker, retreat director, and ministry consultant and trainer. He has appeared nationally for over 25 years as keynote speaker and concert artist for conferences and worship events.

CEU's:

As many as 16 units may be earned, according to professional discipline, by those attending both the International Conference and the Pre-Conference. More information will be posted on the website, www.actheals.org, as we continue our efforts to expand the opportunity beyond RN, LCSW, and L MFT. The International Conference and Pre-Conference are already approved by the California Board of Behavioral Science Examiners (BBSE, PCE742) and the California Board of Registered Nurses (CEP 12192). **Be sure to monitor our progress on expanding credits to members of other specialties and hours accepted.**

Meal Package:

We have arranged for a low priced meal package for those attending the International Conference and encourage you to take advantage of it! The package begins with Dinner on Thursday, September 16, and concludes with Lunch on Sunday, September 19. The cost is \$180 per attendee - payable to ACT with your registration fee.

Party

The party will be held on Saturday evening September 18th, and will feature a concert given by Steve Herrera. The theme will be Southwestern, in keeping with the location. The cost of the party is included in the meal package. Tickets for those not opting for the meal plan, may be purchased at the conference registration desk for \$10/ticket. Plan to come and have fun with your peers!

Be sure to visit the ACT website, www.actheals.org for updates on the conference program, workshops, conference schedule and travel information!

Accommodation & Travel Information:

Hilton Albuquerque

1901 University Boulevard NE | Albuquerque, New Mexico 87102-1713 | United States | 505-884-2500

The Hilton Albuquerque hotel is the perfect destination to experience the best of the heart of New Mexico. The 261 spacious guest rooms at the Albuquerque, NM hotel are beautifully decorated to reflect our southwestern heritage. Recreational amenities include a beautiful courtyard pool, outdoor hot tub and a state-of-the-art fitness center.

Rooms are available for \$109/night plus tax for single or double occupancy. Book your room before August 9, 2010 to take advantage

of this special rate and be sure to mention you are with the 2010 ACT International Conference!
1-800-274-6835 ~ **Check In:** 3:00pm **Check Out:** 12:00noon

For those wishing for free time, room rates will be available for attendees arriving 3 days prior to the meeting and staying 3 days following the meeting, based on room availability.

More travel information can be found at www.actheals.org.

Additional Information:

Refund and Cancellation Policies:

All cancellations must be made in writing. Written cancellations before August 23, 2010 are subject to a \$50 processing fee. Refunds are not possible after August 23, 2010 except for emergencies. All refunds will be processed after the meeting. **ACT reserves the right to cancel any event due to lack of enrollment or other factors.**

Be sure to visit the ACT website, www.actheals.org for updates on the conference program, workshops, conference schedule and travel information.

Conference Workshops:

For complete descriptions of the workshops please visit www.actheals.org!

Friday September 17, 2010

Life in the Spirit Seminar I : Sr. Betty Igo, M Ed, MSPC, SFP

The Life in the Spirit Seminar is a sharing of the enrichment that Christ offers us through His Holy Spirit. It is an introduction and renewal as a formation experience and an introduction to a life lived more fully in the power and presence of the Holy Spirit...

“Identifying Spiritual Stress - a hidden internal factor contributing to illness and dysfunctional social behavior”:

Kenneth Fung, MD, MB, B.Ch, BAO, FRCS

This workshop will demonstrate how Internal Spiritual Stress is identified, its impact on health (physical, emotional, mental, psychological and social) and the role of Christian Spiritual Healing in Christian Holistic Healthcare in a clinical environment...

“Sexual Addiction: Etiology, Treatment and Recovery”: Benjamin Keyes, PhD, EdD, Merrill Reese, PhD, Charles Zeiders, PsyD

Sexual addiction has been one of the most misunderstood and poorly treated syndromes in Psychology and Counseling for decades. We will focus on causality, etiology of syndrome, diagnosis and treatment issues. Case vignettes will combine with lecture material prompting discussion with attendees. Particular focus will be on spiritual/psychological approaches as part of treatment...

“Helping People Change; Motivating, Engaging and Attracting Clients into Treatment.” David Mee-Lee, MD

Denial and resistance are expected parts of many individuals' presentation. People are often not ready to embrace strategies to improve their mental health and substance use problems. This workshop is designed to increase skills in engaging adults and adolescents with co-occurring disorders, physical health and/or behavioral problems as active participants in developing a treatment contract that makes sense to the client. [A Role-Play of client and clinician interaction will take place.]...

“Group Meditation for Healing”: Guylan Gail Paul, DMin

A research paper will be presented that explored, and evaluated, the results of a six week program using Biblically based guided meditations in a men's prayer group in a high security prison to facilitate spiritual growth (i.e. a growing love of and relationship with God, self, and others), and healing of social and psychological issues...

“Healing Addiction through the Hearts of Jesus and Mary”:

Fr. Robert Sears, SJ, PhD

The root of addictions is unaddressed primal pain according to the work of Chris Prentiss and Dr. Arthur Janov. Jesus carried our primal pain in his cry of abandonment on the cross, and Mary's Spirit empowered “Yes” to sharing that pain, models for the Church how joy and community are thereby released. This workshop develops implications from those truths for ministry to addictions...

“Healing the Pain Through Christian Listening”

Joanna Zeiner

This Christian Listening workshop is designed to present an active listening model set in the context of Christian faith, introducing this new training as a means of healing the heart, body and soul. It changes the way we listen to God, ourselves and others on our spiritual journey...

Saturday September 18, 2010

“The Serenity Prayer, a Meditative Approach to Healing”

Sr. Maria Theresa Hronec, SS.C.M.

Life for each of us can be a continuous spiral of addictions. Each in its time may serve as a crutch along life's journey. This workshop will include a meditative review of the prayer to promote writing personal comments on meaningful sections...

Life in the Spirit Seminar II : Sr. Betty Igo, M Ed, MSPC, SFP

The Life in the Spirit Seminar is a sharing of the enrichment that Christ offers us through his Holy Spirit. It is an introduction and renewal as a formation experience and an introduction to a life lived more fully in the power and presence of the Holy Spirit...

“Uncovering the Hidden Agenda - Co-dependency”:

Marcia Moore, MSED

As Christian helpers we may be particularly vulnerable to slipping into co-dependent habits which are not particularly noticeable to us. This workshop will aid participants to analyze & define co-dependent behaviors within themselves and others. Through Scripture, and ‘tips’ from Ignatius of Loyola's Rules for Discernment, plus discussion, we will discover simple steps to apply in our daily life...

“Healing Our Religious Addictions through Ecumenical Intimacy; From Idolatry to Relationship”: Jackie Sitte, RN, CARN, LADC I

This workshop addresses the Trauma of the Broken Church and how religious addictions separate us from the full body of Christ. Through sharing information & personal stories, the team will illustrate ways to individual spiritual growth and for each of us to contribute toward Christian unity...

“The Journey from Christian Therapist to Master Christian Therapist”: Len Sperry, MD, PhD, DMin

This workshop focuses on the stages of professional and spiritual development of the Christian healthcare practitioner's journey toward increasing professional expertise/mastery, and integration with spiritual development and maturity...

“How Love Addiction Correlates to the Pain of Abortion”:

Julie Woodley, M.S., Restoring the Heart Ministry

This workshop will help participants understand love addiction and how it relates to abortion. The presenter will use her own story, the stories of other women and therapeutic insights on dealing with love addiction and post-abortive grief and loss. The presenter will share how to help others heal as she shares the depth of God's love for the broken-hearted...

“Madness & Addiction in the Culture of Narcissism: A Jungian Critique of the Addicted American Mind.” Charles Zeiders, PsyD

This workshop critiques the Culture of Narcissism against the Kingdom of God, especially relying on the Jungian concept of the Shadow to illuminate what is not illuminated in our postmodern Soul. The Narcissistic defensive position of our institutions and persons can be understood as creating imbalance and evil in order to preserve Persona – the incomplete, flattering, inflated view of the Self...

Healing Manual Presentation

“Professional, relational and spiritual ethics applied to the integration of Christian spirituality and healing prayer in clinical practice”

Mind/Body/Spirit Panel: Douglas Schoeninger, PhD, moderator; Lou Lussier, MI, MD, PHD; Ken Fung, MD, FRCS; Bob Sears, SJ, PhD; Forrest Yanke, LCSW, PhD; Len Sperry, MD, PhD, DMin

Using case material, the panel will discuss and illustrate the application of ethical criteria and questions in four domains, professional, relational, spiritual and contextual, to guide clinical decisions regarding the integration of Christian spirituality and healing prayer with clinical practice.

Invited Speakers:



†Allen Berger, PhD

Dr. Berger is a nationally recognized expert in the science of recovery and relationship therapy. He is best known for his work on integrating modern psychotherapy with the 12-Steps of Alcoholics Anonymous and emotional sobriety. His own life changed drastically at age 11 when his father died from cancer. Devastated by his death, he internalized his grief and acted out or acted up. He became a very angry young man and eventually dropped out of high school and joined the Marine Corps when he was 17. He personally experienced substance abuse until he was led to what eventually became the first meeting of Narcotics Anonymous on the island of Oahu. During recovery he discovered a passion to help others, and he eventually returned to school and became a psychologist. Subsequently he worked with many of the originators of the programs to treat the entire alcoholic family, treating couples and families who were in treatment of the alcoholic family. He is the author of several books, including “12 Stupid things that Mess Up Recovery”



†David Mee-Lee, MD

Dr. Mee-Lee is a leading expert in co-occurring substance use and mental disorders, with over thirty years experience in program development. He writes and speaks in down to earth, jargon-free language, making learning challenging and enjoyable. Audiences consistently express satisfaction with his combination of rich content and practical approach delivered in his engaging style. His down-to-earth upbringing in Australia coupled with his Chinese heritage makes for an interesting mix of dry humor and quiet wisdom.



†Richard Rohr, OFM

Father Rohr is the founder of the Center for Action and Contemplation. He divides his time between Albuquerque and preaching and teaching on all continents. He considers the proclamation of the Gospel to be his primary call, and uses many different platforms to communicate the message, including 12-Step Spirituality. Richard has also been a featured essayist on NPR's “This I Believe” and he also appears in the 2006 documentary, ONE, featuring spiritual teachers from around the world.



†Jackie Sitte, RN, CARN, LADC I

A long time ACT member, Jackie is a registered nurse, psychotherapist, published author, and popular retreat and seminar leader; counseling individuals, couples and groups in many locales. She is well versed on the topic of addiction and ably conveys her expertise. Jackie is the Chair of ACT Spiritual Life Committee.

Conference Prayer:

Dear Father, as we prepare for this conference we are mindful that we are made in your image. We are your sons and daughters. Yet we have yielded to idolatries, addictive attachments that are endemic to our culture and those particular to each of us. We seek your light to expose the choices we make moment to moment to turn for pleasure, relief and numbing to sources other than you. By the power and presence of your Holy Spirit we ask your forgiveness. As we gather, make us ever more aware of our false gods and the ways you have given us for healing and freedom through your Son Jesus and the community, your body. Bless us with bold humility, transparency and compassion for ourselves, each other and those in our lives who continue to struggle with addiction. As we come together to meet and seek you in a deeper way, Lord, help us to address our own attachments, to cease enabling our loved ones, and to assist our clients and patients in their striving for recovery. Help us in our own process, Lord, and provide us with what we need to faithfully support all who come to us seeking freedom. Thank you, Jesus, for your ever-present grace and love. Amen!



Association of Christian Therapists Registration Form

Please type or print clearly

Name: _____ Email: _____

First and Last Name for Name Badge: _____ Region: _____
(Degrees will not be included on name badge)

Specialty Group Preference: (circle only one):

Allied Health Associates Clergy Educators Nurses Pastoral Care Psychotherapists Physicians/Dentists

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Fax: _____

Meeting Registration Fees: Sign up early and save \$45!

No refunds will be granted after August 23, 2010.

CEU's			
<input type="checkbox"/> Yes I am interested in Continuing Education Units.			
Pre-Conference <u>Only</u>			
By July 30, 2010 - Member	\$75	Non-Member	\$95
After July 30, 2010 - Member	\$120	Non-Member	\$140
International Conference and Pre-Conference			
By July 30, 2010		After July 30, 2010	
Member	\$230	Member	\$275
Spouse	\$230	Spouse	\$275
Member (1st time attendee)	\$220	Member (1st time attendee)	\$265
Student	\$135	Student	\$180
Non-Member*	\$295	Non-Member*	\$340
Daily Rate	\$100	Daily Rate	\$145
Student Daily Rate	\$75	Student Daily Rate	\$120
International Conference <u>Only</u>			
By July 30, 2010		After July 30, 2010	
Member	\$205	Member	\$250
Spouse	\$205	Spouse	\$250
Member (1st time attendee)	\$195	Member (1st time attendee)	\$240
Student	\$110	Student	\$155
Non-Member	\$270	Non-Member*	\$315
Daily Rate	\$75	Daily Rate	\$120
Student Daily Rate	\$50	Student Daily Rate	\$95
Meal Plan			
9 Meals	\$180 per attendee		
Conference Scholarship Fund			
<input type="checkbox"/> Yes, I would like to make a donation to the Conference Scholarship Fund \$ _____			
Total Enclosed: (US Dollars Only) \$ _____			

*Join ACT and save!

ACT invites you to become a Member. You can take advantage of discounted meeting registration through 2011. Plus, when you join, we'll automatically apply your dues payment to the following year! Download an application today at www.ACTheals.org.

All registrations must be accompanied by a check made payable to Association of Christian Therapists

We regret we are unable to accept credit cards

Complete and mail with your check to:
Association of Christian Therapists (ACT)
6728 Old McLean Village Drive
McLean, VA 22101-3906

Office Use Only

Chk# _____
Date Rc'vd _____
Amount \$ _____

Member rates are offered to current 2010 dues paid members of ACT.

Preliminary International Conference Program

Thursday, September 16

Pre-Conference

- | | |
|--------------------|---|
| 8:30am | Welcome & Introduction |
| 9:00am - 12:00noon | “How Do We Breathe Under Water? The Gospel and 12-Step Spirituality” Richard Rohr |
| 12:00noon | Lunch |
| 1:00pm - 4:00pm | “The Therapeutic Value of the Twelve Steps for All Health Care Professionals” Dr. Allen Berger |

International Conference

- | | |
|---------|--|
| 3:00 pm | Registration |
| 5:00 pm | Traveler’s Eucharist (Fr. Lou Lussier) |
| 6:00 pm | Dinner |
| 7:00 pm | Praise & Worship – Welcome |
| 7:30 pm | Ecumenical Healing Service |

Friday, September 17

- | | |
|---------|--|
| 7:00 am | Contemplative Hour (Group Meditation for Healing, Rev. Gail Paul)/Silent Eucharistic Adoration |
| 8:00 am | Breakfast |
| 9:00 am | Praise & Worship – Word Gifts |
| 9:20 am | Introduction to ACT |
| 9:45am | “Co-Occurring Mental and Substance Use Disorders: Building Bridges in Health Care Assessment and Treatment” Dr. David Mee-Lee |

10:45 am	Break
11:00 am	“12 Stupid Things that Mess up Recovery: Avoiding Relapse through Self-Awareness and Right Action” Dr. Allen Berger
12:00 noon	Break
12:15pm	Lunch
1:15 pm	Praise & Worship
1:30 pm	Panel Discussion/Q&A with Drs. Mee-Lee & Berger
2:30 pm	Break
2:45 pm	Workshops (Session I)
4:00 pm	Break
4:15 pm	Healing Manual Presentation
6:00 pm	Break
6:15 pm	Dinner
7:15pm	Praise & Worship
7:30 pm	Healing Mass

Saturday, September 18

7:00 am	Contemplative Hour (Serenity Prayer, Sr. Maria Theresa Hronec)/ Silent Eucharistic Adoration
8:00 am	Breakfast
9:00 am	Praise & Worship – Word Gifts
9:15 am	“Breaking Free from Enmeshment: The Many Faces of Co-Dependency” Jackie Sitte
10:15 am	Break

10:30 am	“The Spirituality of Imperfection” Richard Rohr
11:30 am	Break
11:45 am	Lunch
12:45 pm	Praise and Worship
1:00 pm	“Unpacking the Spirituality of Imperfection” Richard Rohr
2:00 pm	Break
2:15 pm	Workshops (Session II)
3:30 pm	Break
3:45 pm	Specialty Group Meetings
5:30pm	Break
5:45 pm	Catholic Mass (Sunday Liturgy)
7:15 pm	Dinner & Party

Sunday, September 20

7:00 am	Contemplative Hour/Silent Eucharistic Adoration
8:00 am	Breakfast
9:00 am	Christian Holy Communion Service
10:30 am	Induction of new ACT members & Business Meeting
12:30 pm	Going Forth/Commissioning Luncheon
2:30 pm	Go in Peace