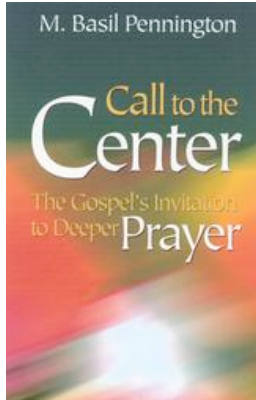


*Call to the Center*, M. Basil Pennington, New City Press



is a collection of short meditations on the Gospel of Matthew. It is also an invitation to learn the prayer of the heart, called “centering prayer”. Pennington writes that “centering prayer is a call – *the call* – letting everything else go, simply listening: ‘Be still and know that I am God’.”

Each reflection will lead you to an encounter with the One who calls, so you can come to talk freely with God from your heart. It is perfect for personal or prayer group study and reflection. It shows the strong Scriptural foundation for the practice. Gives simple instructions and challenges us all.