

2009 Workshop Schedule; Full Descriptions

Friday September 18, 2009: Session I

Healing the Imprisoned

Father Larry Carew

Many of the incarcerated are afflicted with profound woundedness that is an impediment to healing. The presenter has developed a six session retreat comprised of conferences and healing prayer sessions and has successfully used it for over ten years. The workshop includes video-clip samplings of the retreat, accompanied by a variety of sharings of healing prayer breakthroughs to inmates: A fruitful interchange with the audience is encouraged. A sample "take-home pearl": An inmate recently agreed to surrender his buried angers to Christ. At the end of our prayer together, he suddenly remarked: "The world looks so very different when you aren't looking out at it through eyes of anger."

Father Carew is a Catholic priest involved in the Charismatic Renewal and healing ministry since 1971. He has also been involved in part-time prison ministry for over twenty-five years.

Human Rights as the Basis of Social Justice: What Every Therapist Should Know about Human Rights

H. Victor Conde MA, JD, LLM

The health of a society and its members has much to do with the degree of social justice in that society. The language of human rights constitutes the dominant discourse of our era. Human rights are now accepted nationally and internationally as **the** basis for social justice. As Christians we need to know, stand up for and advocate our own human rights.

This paper is an introduction for Therapists about the basic principles and terminology of human rights. The goal of this paper is to educate the therapist about his or her own human rights and to be able to identify human rights issues which are the cause of personal problems resulting in the need for therapy and healing.

H. Victor Conde is a professor, educator, trainer, researcher, and legal advisor in the field of Social Justice and Peace Studies, focusing on International Human Rights and Humanitarian Law, policy, and institutions. He is a Doctor of Jurisprudence and advisor to the Ambassador of the Holy See to the United Nations in matters of international human rights at the U.N.

Identifying and Healing the Marginalized Self and One's Marginalization of Others

Frances Schoeninger, MS

Topic: Using clinical therapy illustrations, the presenter will clarify processes of self-marginalization and subtle marginalization of others as they manifest in peoples' lives and are addressed in psychotherapeutic treatment. Healing strategies will then be discussed. Participants will be encouraged to share their own life experience. Pearls: Comparisons almost always subtly diminish the value of someone's voice. Diminishing others almost always corresponds with devaluing of significant aspects of self. "You will be judged as you judge," is a psychological as well as a spiritual dynamic.

Frances Schoeninger, M.S. holds a B.S. degree in Biology and Chemistry from Mary Washington College of the University of Virginia and an M.S. degree in Counseling and Human Relations from Villanova University. Her background includes careers as a chemist, teacher, director of a hematology laboratory, mental health counselor and many years of parenting. Before retiring from counseling practice in 1998, Frances was a staff therapist at the Institute for Christian Counseling and Therapy for eighteen years working in the areas of self-esteem, abuse, religious oppression and inter-generational healing. She has been a member of ACT since 1980.

Care for the Caregiver

Jackie Sitte, RN, CARN, LADCI

"Come to me, all you who are weary and find life burdensome, and I will refresh you" Mt 12:28

Whether you care for a family member, a loved one, or provide care as part of your ministry or work, compassion fatigue can gradually enter in. It is not uncommon for caregivers to experience Primary or Secondary Traumatic Stress, Cumulative Stress, and Burnout, which quickly becomes **Compassion Fatigue**. Burnout is the state of physical, emotional, mental and spiritual exhaustion. Prolonged exposure to numerous daily antagonisms, even "minor" ones, which may lead to anxiety, depression, deep.

Jackie is an RN & Psychotherapist in Private Practice in Stoughton. She counsels individuals, couples, families, and groups, and has been involved in healing ministry for over thirty years. An ACT member since 1984, Jackie is Chair of Spiritual Life Committee for ACT. She is a published author and well-known Retreat & Seminar Leader.

Social Justice and the Christian clinician at the Front Line: Ministry to the Marginalized and Institutions that Betray

Charles Zeiders, Psy.D, Benjamin Keyes, PhD, EdD and Merrill Reese

Three seasoned Christian psychotherapists share their therapeutic work with Christ in his marginalized disguise. Their discussion addresses the practical theological issues related to clinical advocacy for the mental health needs of under-protected populations,

such as the dying, elderly, orphaned, and very mentally ill. They will seek to clarify how clinical advocacy for these people allows the Christian therapist to minister to Christ in his marginalized disguise while challenging systemic evils in the health care system and public policy. They will also demonstrate from case studies how the Christian psychotherapist therapeutically responds to exhausting populations employing best practices and Christian spirituality. Additionally they suggest how the Christian psychotherapist protects patient privacy from the encroachment of Third Parties. Finally, they will attempt to suggest psychological and spiritual means by which the Christian psychologist frankly deals with the problems of rage, compassion fatigue, and loss of faith amid the evil and pathos involved with ministering to Jesus in the marginalized.

Charles Zeiders, Psy.D., Principal Therapist, Christian Counseling and Therapy Associates of the Main Line, Havertown, PA; Ben Keyes, PhD, Ed.D., Program Director, School of Psychology & Counseling, Regent University, Virginia Beach, VA; Merrill Reese, Ph.D., Associate Professor, School of Psychology, Regent University, Virginia Beach, VA

Saturday September 19, 2009: Session II

Life in the Spirit Seminar I

Betty Ann Igo, Med, MSPC, SFP

The Life in the Spirit Seminar is a sharing of the enrichment that Christ offers us through his Holy Spirit. It is an introduction and renewal as a formation experience and an introduction to a life lived more fully in the power and presence of the Holy Spirit. It is a 2-part seminar with Sr. Betty Igo and her team, during workshop time. Prayer for Baptism in the Holy Spirit will take place. [Participants who have not attended a LSS previously must be present for Friday's segment if they wish to participate in Saturday's Seminar] All are welcome!!!

Sr. Betty Igo is a Franciscan Sister of The Poor. This Congregation's mission is to heal the wounds of Christ in the poor and suffering. Sister Betty has a B.Sc. in Medical Technology, a M.Sc. in Science, with emphasis in pastoral counseling. Since the early 1970's she has worked as a prayer counselor and workshop leader in the field of Inner healing. This ministry began in Manhattan, New York. After joining ACT, she worked at the Institute for Christian Healing in Norbeth, Pennsylvania. Over the years, she has given retreats and workshop on healing and prayer, traveling all over North America, Sister Betty possesses a deep understanding of psychology and the blocks within individuals to healing.

Caring By and For the Caregiver

Maria Theresa Hronec, BSN,C,R.N., SSCM

Caregivers themselves often become marginalized. The summons to serve tugs at one's heart with the touch of God's Spirit. It may come at any time. Spiritually we are invited to meet Jesus and be Jesus in the encounter. Participants will be encouraged to present their own caring experiences, struggles, and outcomes – positive and negative.

Sister Hronec is an ACT member. She has spent more than 50 years of service to family and Religious Community – nursing, elder care, hospice, education, facilitating support groups, lecturing, and, currently, chaplaincy. She herself has been a dedicated caregiver.

Christian Healing and Science are Proving Each Other by Challenge to Cartesian Dualism

Benjamin Keys, PhD, EdD and Charles Zeiders, PsyD

Rene Descartes in contemplating the components of human existence, separated man into mind and body as a property of matter, regarding spirit as being ethereal and not a part of matter. Recently his theory has been challenged in that Ross (2009) believes "that spirit is a general property of matter." He proposes that "the human spirit and the electromagnetic field of the human body are the same thing." The theory poses some interesting questions for the Christian Community such as what do we do with a scientific explanation for miracles and alchemy? Does this position enhance faith or detract from it? This workshop will focus on presenting the theory and background, and discussing the ramifications from a Christian worldview.

Benjamin B. Keys, PhD, EdD is Program Director, School of Psychology & Counseling, Regent University, Virginia Beach, VA.

The Homeless Among Us

Nancy Morgan, M.S.

Homelessness in America is a moving target that is growing and changing into a situation unlike anything we've seen since the Great Depression. This workshop will be an interactive exploration of today's homeless population: who they are; what they need; and how we can best serve the Christ in them.

Nancy is a Marriage and Family Therapist and has a Masters Degree in Counseling Psychology and Pastoral Counseling. She has 20 years of experience as a Teacher/Advisor and Teen Parent Program Coordinator in a continuation high school.

Discernment for Individual and Corporate Growth I

Robert Sears, S.J

In our spiritual walk, the beginning may be easy to discern for those who choose Jesus' way, but as we progress, deceptions become more subtle. For us to become healers as Jesus we need to grow like Jesus, who always did what he saw the Father doing. This workshop seeks to further this growth. It is in two parts: Part I deals with principles for beginning discernment, Part II with more advanced principles. We plan to video record this workshop to further develop discernment in ACT.

Father Sears is the former Superior of Gonzaga Jesuit Community at Loyola University Chicago. He has written extensively and has spoken at many of our ACT meetings and has taught courses on Jung, Family Systems, and Adult Faith Formulation to mention a few.

Saturday September 19, 2009: Session III

The Healing of the Marginalized, The Healing of the Marginalizers

Rev. Dr. Howard E. Friend, Jr.

This workshop draws from Reverend Friend's book, *Gifts of an Uncommon Life: The practice of Contemplative Activism*, and its basic theme, but it also focuses on a single passage of scripture, Mark 10,46-52, commonly called the healing of blind Bartimaeus. He offers in-depth biblical reflection, suggesting that there are, in fact, *two* healing miracle stories in this text, the last exchange in his itinerant ministry before the events of his last week – The healing of the marginalized and the healing of the marginalizers. It has been called a "paradigmatic" story, and exchange that gives definition to discipleship. He invites listeners to find their "points of identity" with those at the edge of the crowd, the silencers of the cry of the poor, those who harshly dismiss the marginalized, who, indeed, marginalize them, that they might participate in the healing of heart and voice Jesus has for them.

Doctor Friend is a spiritual director, a credentialed individual and marriage pastoral psychotherapist, seminary adjunct faculty, a Presbyterian pastor having served two parishes fulltime and three more as a crisis-intervention interim, workshop and seminar leader and author.

He is the founder, director, and senior consultant of Parish Empowerment Network. He is also the founder and President of the Karitas Foundation, which provides educational events, mission trip experiences, and opportunities for long-term partnership mission projects.

Dr. Friend has published a number of articles, and is author of *RECOVERING THE SACRED CENTER: Church Renewal From the Inside Out*, Judson Press, 1998 and *GIFTS OF AN UNCOMMON LIFE: The Practice of Contemplative Activism*, Alban Press, 2008

Emotional wounding and ultimately “melt-down.” Self-care can seem nearly impossible while juggling commitment as caregivers, feeling overwhelmed and alone. Join us in inviting the Holy Spirit to guide us in this gathering, during which we can remind ourselves how to build resilience thru self-care and plan preventative measures to regain life’s balance – physically, mentally, emotionally and spiritually.

Life in the Spirit Seminar II

Betty Ann Igo, Med, MSPC, SFP

The Life in the Spirit Seminar is a sharing of the enrichment that Christ offers us through his Holy Spirit. It is an introduction and renewal as a formation experience and an introduction to a life lived more fully in the power and presence of the Holy Spirit. It is a 2-part seminar with Sr. Betty Igo and her team, during workshop time. Prayer for Baptism in the Holy Spirit will take place. [Participants who have not attended a LSS previously must be present for Friday’s segment if they wish to participate in Saturday’s Seminar] All are welcome!!!

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A Case Study Applying Ethics for Integrating Christian Spirituality and Healing Prayer with Clinical Practice

Douglas Schoeninger, Ph.D., Forrest Yanke, LCSW, Ph.D, Kenneth Fung, FRCS,M.D., Louis Lussier, OS.Cam, M.D., PhD

In this workshop members of the ACT Healing Manual Team will use an ethical methodology they are developing to examine a case involving the integration of Christian spirituality and healing prayer in providing healthcare to economically deprived persons. The case presentation will be followed with participant questions and dialogue with the team on how to integrate prayer and Christian principles into clinical work - moving into "Master Clinician" as the goal.

Presenters: Douglas W. Schoeninger, Ph.D, a clinical psychologist and President of the Institute for Christian Healing in West Chester, PA. He currently coordinates the work of the ACT Healing Manual Team, edits The Journal of Christian Healing and is President of ACT. Forrest Yanke, Ph.D. has a Doctorate in Social Work, is a practicing clinician, and is

Past president of ACT. Kenneth Fung, MD is a Canadian Physician who has successfully combined Therapy and Spiritually. Reverend Louis Lussier, MD, turned from clinical practice in Physical Medicine to become a Roman Catholic priest.

Discernment for Individual and Corporate Growth II

Robert Sears, S.J

In our spiritual walk, the beginning may be easy to discern for those who choose Jesus' way, but as we progress, deceptions become more subtle. For us to become healers as Jesus we need to grow like Jesus, who always did what he saw the Father doing. This workshop seeks to further this growth. It is in two parts: Part I deals with principles for beginning discernment, Part II with more advanced principles. We plan to video record this workshop to further develop discernment in ACT.

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