



InterACT

The Newsletter of the Association of Christian Therapists: A fellowship of Health Care Professionals and Associates

DATEBOOK... Save the Date!

ACT International Conference
Oct 6-9, 2011
"Mental Health, Spiritual Growth & Bodily Well-Being: An Evolving Christian Approach to Wholeness"
Renaissance Philadelphia
ACTHeals@degnon.org

Regional Meetings Healing the Broken Hearted
February 19, 2011
Hamilton, Ontario, Canada
Dr. C.Miura, Dr.S.Tang,
Dr. B.Wolosewicz
Jennie 905 335 6902

Southern California
March 10-13, 2011
Bahia Resort Hotel
San Diego, CA 92109
800-576-4229
Francis and Judith MacNutt
Dr. Dale Matthews
Susan Stanford Rue

Region 17 Retreat
April 1-3, 2011, Marywood Catholic Retreat, St. John's, FL: *The Promise in Pain*
Rev. Bob Sears, S.J., PhD.
Ann M. Porta 352-750-9009

Region 4 Retreat 2011
April 8-10, Espousal Center Waltham, MA. Presenters: Fr. Bob Sears, SJ, Sr. Betty Ann Igo

Travel
Holy Land Trip: 11/21/11
J. Dodson 905-335-6902

InterACT deadline: Ongoing submissions
storysunday@optonline.net
Subject line: InterACT



WHI Team L to R - Rt. Rev. David Bena (MCA Life Member), Rev. Nigel Mumford, LTC Noel Dawes (MCA Life Member), Sandra Lester

WELCOME HOME!

The Welcome Home Initiative, a faith-inspired, fully confidential ministry is designed to reach out to wounded warriors and combat veterans who have served in the Armed Forces, regardless of when their combat service took place. This ministry also reaches out to spouses and immediate family members. WHI is a partnership ministry of the Episcopal Diocese of Albany and the Association for Christian Conferences Teaching and Service (ACCTS). The main program of the WHI is a retreat held over three days at the Christ the King Spiritual Life Center in Greenwich, NY, which is directed by Reverend Nigel Mumford, a member of ACT. Father Mumford and Noel Dawes (ACCTS staff member of WHI team) have both seen combat in Northern Ireland.

The WHI's goal is to minister prayerfully and practically to those suffering from primary or secondary combat and operational stress, trauma, PTSD, TBI etc,

whether they are combatant, spouse or family member. WHI aims to provide support and resources to help them heal and thrive. Since the first retreat in March 2008, over a hundred combatants from all wars since World War II – plus many spouses and children – have testified to receiving healing for their combat and operational stress on every one of the retreats.

The words of Army Reserve Captain, Eric Chen, who served in Iraq, say it best: "Jayne and I would like to say thank you for a wonderful week of retreat, refreshment, and renewal. We came heavy laden and we left renewed, knowing we had turned a corner. We want to thank the Lord for His faithfulness and love. We want to thank the intercessors, around the world and on-site, for praying for us. We want to thank Father Nigel and all combat vets

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Dear ACT Community



Blessings for the New Year!

The New Year is often a time for reflection on our lives with resolutions for change. Inspiration for reflection and resolutions comes from our own Vision and Mission statements.

I believe that most people working in the field of healthcare try to be a healing presence to their patients and clients. It is more of a challenge to be a healing presence to colleagues and even more so to institutions. The stress inherent in the marketplace today exacts a price on the physical, mental and spiritual wellbeing of all healthcare providers. The fact that you are a member of ACT implies that you have a desire to be more than a healing presence, you long to **be** the healing presence, heart and mind of Jesus.

What does it mean to extend the healing presence, heart and mind of Jesus to these various populations? The idea of extending assumes that we have knowledge of this healing presence, heart and mind of Jesus. I would identify this as spiritual growth. What are my goals for personal spiritual growth this year? How can ACT help me with my spiritual growth? How can I help others in ACT with their spiritual growth? Since our vision call is to extend the healing presence heart and mind of Jesus to our colleagues, patients, clients and institutions, this is not just about personal spiritual growth, but rather growth with the purpose of service. What can I do to increase my capacity to be the healing presence, heart and mind of Jesus with all these groups? How can ACT help me to grow in this capacity? How can I help others in ACT to expand their capacity?

I invite all to formulate specific ACT related resolutions or goals. I ask you to be more cognizant of how you extend the healing presence, heart and mind of Jesus to your colleagues, patients, clients and institutions and of how ACT supports and resources you. During the year, we would like to gather your stories, making both your personal mission and ACT's mission visible as it supports and resources you personally and professionally. For 2011, can we resolve together to place your personal light and ACT's light on lamp stands for all the world to see?

Cheryl

Cheryl Marsh, APRN, BC
President, ACT



EDITOR'S NOTE

Gloria Doino, MA

Isaiah's words (sent by ACT friend, Cynthia, Region 43, via Nancy Morgan) remind us of our call. You have been chosen by God! "The Spirit of the Lord is upon you - for He has anointed you to bring good news to the afflicted. He has sent you to bind up (in His name) the broken hearted – To proclaim liberty to those being held captive and freedom to prisoners, to proclaim the favorable year of the Lord and the day of vengeance of our God, to comfort all who mourn, giving to them a garland instead of ashes, joy instead of mourning, a mantle of praise instead of a spirit of fainting – so they will

be called oaks of righteousness – glorifying God – forever and ever – Amen. (Isaiah 61:1-3) In this InterACT you will observe the call put into action through Denise Dolff's account of her trip to Rwanda . Then, closer to home, read about the different, but equally spirit-filled, work experiences of Doug Schoeninger and Cheryl Marsh . Lastly, enjoy Sr. Maria Teresa Hronec's "restful" Serenity Prayer Reflection". InterACT looks ahead to 2011 with enthusiasm while looking back to thank all who contributed to the newsletter in 2010. The sum of your talents made it happen. Myriad thanks. And Godspeed to our readers in 2011. It's no fun without an audience!

SUBMISSIONS: InterACT is published quarterly: Winter, Spring, Summer, Fall. Submissions are accepted on an ongoing basis and are subject to editing. Subject line to read: InterACT. Send to: storysunday@optonline.net

HEALING EXCHANGE

RWANDA – CAN THERE BE HEALING WITHOUT FORGIVENESS?

Denise Dolff, MA

How can I forgive when the hurt is so deep? When a whole country has been traumatized, is it possible to heal? The tradition of my culture is retaliation, not forgiveness. How can I go against my culture? How can I help someone else heal when I still need healing myself?



These were among the very challenging questions posed by a group of 120 priests, nuns, doctors and teachers in Cyangugu Diocese, Rwanda as we led them through a retreat and training in trauma recovery skills in November 2010. And despite the difficulty of the questions, the honesty of the trainees in voicing them was already an indication of their desire to know, and to grow and to heal. Their openness and positive response to the material was very gratifying, as was their struggle to internalize the teaching in order to take the training to their classrooms, hospitals, parishes and communities. Many times the response to questions was the Gospel, the reminder that forgiveness is the first step to healing, and yes, this might require making a choice between serving God or culture.

The need for healing is very evident in Rwanda. Although government initiatives and foreign aid have contributed to the country's ability to become overtly functional in the sixteen years since the genocide of 1994, significant attention is still needed to address the interior wounds of the people. Bishop Jean Damascene Bimenyimana, who invited the training, gave us an understanding of the depth of the trauma. He indicated that reference to the genocide should be only in general terms, because there are different bases for the trauma resulting from the genocide. Some of the workshop attendees would have lost family and friends through the violence of the genocide, others would be family members of those who perpetrated the violence, while others would have losses related to immediate post-genocide conflicts. Therefore everyone present would carry trauma wounds related to the genocide, but for very different reasons. Naturally this would be true for the entire country. And indeed, as we travelled and visited different parts of the country, we found ourselves praying in various places or with different people whom God put in our path, all of whom had stories to tell and wounds to heal. Our first question to many: "Are you willing to forgive?"

This all came to a climax one Sunday afternoon as we attended a healing mass on the property that Cyangugu diocese is purchasing through the efforts of Fr. Ubald Rugirangoga and on which he plans to build a centre for healing and reconciliation. The mass was attended by a minimum of 15,000 people, and was celebrated by Bishop Jean Damascene. At the close of the Mass, I was asked to pray over the people for healing. I knew this had to begin with a prayer of repentance on behalf of all white people for the sins of the whites against the Rwandans, the sins of labelling them and differentiating between them, the sins which created division, rivalry, jealousy and hatred between them, sins which contributed to the horror of the genocide. We gathered as a team and together we owned these sins, repented of them, and collectively asked for forgiveness from those present. In the naming of each sin, an audible "hmmm" arose from those gathered, an acknowledgement that this was true, and a weeping began. As we continued, more "hmmms" and more weeping. And when we named all that we could name, and asked to be forgiven, thousands of hands were immediately thrust into the air, indicating the willingness to forgive. Bishop Jean Damascene then embraced each of us in the traditional Rwandan style, as a formal acknowledgement of forgiveness. Then he also asked for forgiveness of the people, repenting on behalf of the church for the church's sins against the people. He had indeed already internalized the message from the training that forgiveness is the first step to healing. Finally, he carried the Monstrance through the crowds, bringing the gift of Jesus' healing to all. As we followed, we witnessed deliverance, release, freedom, and joy among the people. Many reached out to us in reconciliation and acceptance. And many testimonies of physical, spiritual and inner healing were given at the close of the celebration. Forgiveness is the first step to healing. In Rwanda, this has begun.

Addendum: Katsey Long MSW and Denise Dolff, MA, two long time members of ACT, were accompanied by Sharon Froom, MSW, Fr. Ken Schmidt, Clin. Psych. and journalist Olga Bonfiglio on this trip to Rwanda. More details of the trip can be read on www.traumarecoveryassociatesinrwanda.blogspot.com

Welcome Home, from page 1

and staff for your obedience to the Lord in hosting the retreat." The Welcome Home Initiative team sees the retreat as their "thank you" to members of the Armed Forces and their families for their service to their country. Call (518) 692-9550, ext 202 or visit: www.ctkcenter.org/welcomehome

(adapted The MILITARY CHAPLAIN '09)

THE GIFTS AND FRUITS OF THE HOLY SPIRIT IN CLINICAL PRACTICE

Douglas Schoeninger, PhD and Cheryl Marsh, APRN, BC



One of the keys to Christian holistic healthcare practice is attunement to the Holy Spirit. No matter what setting one is in, Christian or secular, the healthcare provider has a constant companion, teacher, guide and healer. God's Holy Spirit is active and alive within the provider, one's patients and the context. And the Holy Spirit provides the full presence of the Trinity: Father, Son and Holy Spirit.

I (Doug) practice in a Christian setting, a Christian Psychotherapy practice, with other praying colleagues. This has been my call and God's provision. Others are called to minister in secular healthcare settings (Cheryl) where prayer with patients is not explicitly endorsed or is assigned to specific professions, e.g. chaplaincy. Some say to me (Doug), "How fortunate you are to be able to freely practice the integration of Christian spirituality and healing prayer with your patients in clinical practice." I say, "Yes I am fortunate," especially to have many patients who desire and request Christ centered therapy and colleagues to exchange with, pray with, discern with. On the other hand knowing that God by his Spirit is present with and within each practitioner in all settings, I (Cheryl) know that the Holy Spirit is no less present, guiding and healing, in a context where explicit prayer is forbidden. As an advanced practice nurse (APRN), I practice psychotherapy and administer psychotropic medications in a secular hospital clinic. I (Doug) also know that I must adhere to the same professional ethical standards, informed consent, confidentiality, clinical competence, etc. in my setting that others do in a secular setting. I must be careful not to assume too much just because persons identify themselves as Christian and wanting prayer. I must be attentive to assessing the patient's spirituality, religious context and use of spiritual practices, assuring clinical, cultural and ethical sensitivity and care in not forcing my preferred spiritual ways. We know that the Holy Spirit is teaching and guiding us in all of this.

We enjoy reminding ourselves that the Holy Spirit is completely clinically competent and intent on providing "best practices" clinically and no less involved in the truth of diagnoses and treatment planning than in explicit prayer.

Therefore in all situations, every context, the healthcare provider has the help and guidance of the Holy Spirit in all dimensions of care and engagement with colleagues.

For example, I, Doug, have noticed:

1. The simple silent prayer, "Help," is usually followed by a creative thought or a turn in my patient's speech or demeanor that opens an avenue for exploration or treatment. For example, a patient will suddenly see a different perspective, e.g. "Oh my father is afraid of losing me. I never saw that before," is perceived in father's directive criticism.
2. Attunement to the Holy Spirit orders my understanding of the next step and the sequence of treatment steps. For example, a patient age 24 engaging her parents with her own thoughts about her future plans must *now* redefine what is loyal.
3. The light of the Holy Spirit manifests through clarifying truth within the patient's and/or therapist's consciousness where a lie has been holding the patient in bondage. A male patient saw for the first time that contact with women's clothing was not an attempt to be female but rather a reaching for missing nurture.
4. The action of the Holy Spirit clarifies the roots of current symptoms and places these in a correct historical context. A patient comes to know which features of her current anxieties are generationally inherited and which are rooted in childhood trauma.
5. I am led to accept one person as a patient and refer another to a colleague even when I am competent to treat both. As I pray the Holy Spirit brings to mind the therapist to whom I am to refer a particular person.

I, Cheryl, have noticed:

1. While sitting in a staff meeting I have a heightened awareness of being a professed, out of the closet, Christian, and that my interactions are being viewed, or judged, through this lens. This awareness has affected both what I say and how I say it and has made me more aware of treating everyone and their ideas with dignity, charity and respect. This consciousness carries over into many interactions with colleagues where discord and gossip can easily start and spread.
2. I am led to pray for the institution and the leadership which does not always share my Christian values. Their actions often speak to valuing productivity over quality of care, even while giving lip service to quality. Decisions clearly reflect a bias of dollar over people. This is toward both employee and the patient. The Holy Spirit alerts me to being attentive to opportunities to promote quality of care while

maintaining productivity. Encouraging more both/and rather than either/or.

3. The Holy Spirit is teaching me to be ready and able to defend my clinical judgment in incorporating religious dimensions into the therapy. This requires clinical knowledge and expertise in religious issues and the ability to speak both religious and clinical language. An example is to be able to listen to the patient's religious/spiritual beliefs and practices and have enough knowledge and attunement to discern what is spiritually and psychologically healthy and what is pathological.
4. One prayer I use, in addition to "Help," is, "Lord, right now I am struggling with this person (e.g. I am experiencing the patient as obnoxious, irritable or irritating). I know you love her/him much more than I do at this moment. Please give me something positive to connect with so that I can stay in (or form) relationship with him/her. Help me to see her/him in a way that I can connect and help him/her." This prayer quiets my irritation in response to the patient's presentation and I will receive some insight, quality or idea that I can use to connect with her/him. This prayer often facilitates the patient receiving some idea or medication I have to offer, as I am not coming back at him/her with irritation, but with respect and tolerance.

These are a few of our experiences of the action of the Holy Spirit in our clinical practices. Please write to us and share your experiences (doug661@verizon.net; marshcdt68@comcast.net).

miscellaneous...

PRAYING OUR GREETING CARDS

According to Sister K. Zielinski, OSF there is more that can be done with left-over greeting cards. Why not place them in a basket in your sacred space and pray over them? Take one card at a time, hold the person in God's light. Ask God to bless them with all good things, especially health. Thank God for placing the person in your life. It may take a few weeks to finish praying over the correspondence, but you have recycled them with love, prayer, healing. (Adapted SPIRITUALITY & HEALTH '10)



prayer...

the world's greatest wireless connection

book review...

INTO THE SILENT LAND
A Guide to the Christian Practice of Contemplation by Martin Laird



This book is summed up in the Introduction's opening lines: "We are built for contemplation. This book is about cultivating the skills necessary for this... Communion with God in the silence of the heart is a God-given capacity."

While useful for those just starting out, this book serves especially as a guide for those who desire to journey yet deeper into the silence of God. The heart of the book focuses on negotiating key moments of struggle on the contemplative path. It has refined teachings on using a prayer word to focus the mind, working with the breath to cultivate stillness, and the practice of inner vigilance or awareness.

This is one of the best books I have ever read on prayer and/or contemplation. Martin Laird can "talk the talk," but he also "walks the walk." His teaching is solid and deep, an eclectic gathering of wisdom from various masters of prayer in our Christian tradition. Yet he also shares his own personal experience as a spiritual director and prayer student. I found him very easy to read with wonderful stories, quotes, and vignettes from an incredible variety of sources. This one is my favorite:

"You say you seek God, but a ray of light doesn't seek the sun; it's coming from the sun. You are a branch on the vine of God. A branch doesn't seek the vine; it's already part of the vine. A wave doesn't look for the ocean; it's already full of ocean. Because you don't know that who you are is one with God, you believe all these labels about yourself: I'm a sinner, I'm a saint, I'm a wretch, I'm a worm and no man, I'm a monk, I'm a nurse. These are all labels, clothing. They serve a purpose, but they are not who you are. To the extent that you believe these labels, you believe a lie, and you add anguish upon anguish. It's what most of us do for most of our lives. In the secular world we call it our career. In monastic terms, we call it our vocation. Before you can know in your own experience what the Psalmist meant when he said, 'Be still and know that I am God,' you must first learn to be still and know who you are. The rest will follow."

I highly recommend this book for anyone sincerely seeking a deeper prayer life.

Francis Hymel, D.Min, LPC, LMFT

INSIDE ACT

Greetings from "Bella Italia" and the ACT chapter headed by **Fr. Alessandro Olivieri Pennesi, STD.** Father writes: 'We were delighted to receive our



Paolo Giovanni Monformoso

ACT ambassador, **Fr. Joe Scerbo, SA, PhD**, here in Rome. As an ACT member, I am most grateful to all of you for your prayers, as we here in Italy continue to proclaim the Lordship of Jesus in our ordinary and professional lives. As a priest and professor here in Rome, I have a great opportunity to share what I know

about the Vision and Mission of ACT with students from around the world. Their lives have been enriched by the information they can access via the ACT website. In 2010 two new members joined: **Professor Paolo Giovanni Monformoso** and **Stefano Maria Gasseri**, both clinical counselors in background. Please help me welcome them."



Fr Alessandro Oliveri Pennesi and students in Rome

Region10's dynamic **Jennie Dodson** is leading a group of ACT members and friends of ACT on a pilgrimage to the Holy Land, November 21-30, 2011. The trip to Israel departs from Canada and will include **Father Martin Bradbury** and **Father Denis Phaneuf** as chaplains. The Hamilton, Ontario, Canadian Chapter invites all to join them. The cost is \$2998.00 for double occupancy. Enjoy a double treat by arriving in Canada a few days

before departure and viewing both Canada and Israel. Contact: Jennie Dodson at 905 335 6902. Region 10's, **Dr. Mary Chakkalackal** celebrated 30 years of medical practice with her patients and friends at a Mass of thanksgiving. A reception, provided by her parish, followed. Among the many ACT members present were **Dr. and Mrs. Kenneth Fung** and **Mr. and Mrs. Vince Kirton**. Vince taped the event for Mary's family in India. Mary, however, will continue her counseling practice out of the same office.

WEBSITE...Among the websites' many accomplishments are the convenience of joining online...Pearl's MP3 downloading of CD/DVD selections...active Specialty Group pages... creation of an ACT blog... up to date CEU opportunities... continuous webpage updates... increased available memory from 2G to 10G... reduction of time for online updates...created and linked Facebook pages for Specialty Groups and Regions and the entire ACT website being fine-tuned on a continuous basis to obtain optimal search results. The ACT **Website Goals** for the

New Year include encouraging the importance of submissions from SG's , Regions, and members at large...expanded use of photos... enhancing **Fran Franchina's** Radio Maria Program...completing the prayer request section...adding JCH author abstracts/brief bios...Myriad thanks to **Janet** for her many talents, as Website 'magician'. The best is yet to come. REGIONS SEND NEWS, PHOTOS TO: storiesunday@optonline.net



Stefano Maria Gasseri

The Journal of Christian Healing **Fall/Winter 2010 Issue, 26-2 is now online at www.actheals.org**

Contents:

Interrupted Love: Healing Addiction through the Hearts of Jesus and Mary
Robert Sears, S.J., Ph.D.

An Approach to Ethical Case Analysis: Application to Breast Cancer

Len Sperry, MD, PhD, DMin and Louis Lussier, MI, MD, PhD, MDiv

Ethical Sensitivity in Christian Healthcare Practice

Len Sperry, MD, PhD, DMin

Contemporary Ethical Issues in Christian Holistic Healthcare Practice:

An Interview with Charles Zeiders

Charles Zeiders, PsyD with Douglas Schoeninger, PhD

Save the Date! ACT 2011 International Conference

"Mental Health, Spiritual Growth & Bodily Well-Being: An Evolving Christian Approach to Wholeness" ~ October 6 - 9, 2011 ~ Renaissance Hotel, Philadelphia PA

SERENITY PRAYER REFLECTION

Sister Maria Theresa Hronec,
SS.C.M.



God, I come before you today -- your presence surrounds, envelops me, supports me. Truly you are within my entire being and desire more of me, despite the limitations I create in our relationship. (Enter your thoughts on how God is present in your life.)

Read: 1 Kings 19: 11,13 Yahweh himself went by...there came the sound of a gentle breeze. I know, sense, experience your presence my God, when there is a calming sense of peace within me. You invite me to be open to this gift. Come now in the power of your gentle stillness. (We each have a unique way of approaching God. Note in writing your invitation to God to come into your life today.)

1. In the Serenity Prayer I pray to accept the things I CANNOT change.

Jesus prayed this prayer in the Garden of Olives, before his death: "Father...if you are willing, take this cup away from me. Nevertheless, let your will be done, not mine (Lk22: 42,43.)"

St Paul reminds us: "And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus (Phil 4: 7.)" In the serenity prayer, I ask first for serenity -- your peace, to accept in my life, in myself, all those things which I cannot change. Many external encounters, experiences, details can cause me to be distressed.

What are my own internal obstacles, roadblocks to God's presence, peace in my life? Review and list the major unsettling thoughts, fantasies, goals, concerns, preoccupations experienced in your life. Are these a real part of my life? Can I -- am I, meant to change them? (Use this groundwork as an inner focus.)

What disposition is possible for me? What is impossible or apparently so? Help me to be open now to the power of your strength, O God. Help me to release the fears, anxieties, the false gods to which I cling. Only then can I truly open my spirit to accept your peace.

2. Next, I ask for courage to change what I can change. I know that "With God everything is possible (Mk10:27.)"

The Scriptures have numerous examples of Jesus' responses to needy persons when they came to

him in faith. St. Luke presents the blind man who called out for help to obtain his sight (Lk18: 39,41.) Luke also portrays the crippled woman being restored to an erect posture (Lk13: 10-12.)

Where am I in need of healing, restoration? What is a major weakness in my life? (Write an example.) St. James reminds us to "consider it all joy...when you encounter various trials...testing of your faith produces endurance (Jas1: 2-3.)"

Where has God already touched me with his healing strength? Who, what has helped me? What do I need to let go and release from my inner life? This is where healing needs to begin. (Respond here as possible.)

What do I need/want to change in my external encounters? What pain, anger, mistrust, fear am I harboring? What are the false idols to which I cling? (List one or two points here.)

"Where could your peace arise but from forgiveness?"

"To forgive is merely to remember only the loving thoughts you gave in the past, and those that were given to you." (A Gift of Peace, Vaughn/Walsh.) This forgiveness begins with forgiving myself, releasing myself from a driven focus on perfection in this life. Obviously, God isn't finished with me, yet.

3. I pray O God, for Wisdom to know the difference—to accept or to strive to change. I know and have seen, how you write straight with crooked lines.

St. Paul teaches: "Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God (Phil 4:6.)" "I can do all things through him who strengthens me (Phil 4:13.)" I pray, even as Solomon asked for wisdom (1 Kgs 3: 10.) In Proverbs we are encouraged, "Trust in the Lord with all your heart, and do not lean on your own understanding (Prv 3:5.)"

What is the challenge in my life? My plan? (Start working on the plan.) Conclude with a brief, personal prayer.) I CAN'T. YOU CAN. TAKE ME. I'M YOURS.

(Adapted International Conference Workshop '10)

thought...



Reverend Dr. Russ Parker

Everyone at one time or another will need to tell their story to someone and know that they have been heard.

keep connected

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Association of Christian Therapists

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fyi...

"Researchers are trying to harness a dog's remarkable sense of smell to create early detection tests for various cancers. At the same time other scientists are working to construct artificial noses-finely tuned sensors that respond to cancer-related compounds." Some service dogs can already discern hypoglycemic attacks or epileptic seizures and warn their owners.

A dog's sense of smell has been measured to be anywhere from 10,000 to 100,000 times superior to a humans. Scientists are now viewing the cancer-detection concept more seriously after studies from the Pine Street Foundation, a cancer-research, non-profit in San Anselmo, California showed that five canines recognized lung and breast cancer from human breath samples. Breast cancer detection results showed 88% accuracy and lung cancer showed 99% accuracy, a favorable result compared to X-rays, CT scans and mammography. Volatile chemicals leave the human body through the breath, hence the experiment. Researchers are quick to point out that the study's numbers were limited and more research needs to be done. However, Dr. Peter Mazzone, from the Cleveland Clinic is leading a complimentary project: the development of an

artificial nose that will sniff a person's breath for lung cancer. *DIAGNOSIS BY DOG*, a video of cancer-sniffing canines on the job may be accessed at Parade.com/pinestreet. (Adapted *PARADE Magazine*, June 20, 2010 by G. Doino)

amen...

Inspired by the 23rd Psalm

FOREVER LOVED

by Gloria Doino

Remarkable is your passion, Shepherd of the Heart,
Your caring...keen,
Grandmother-like you dote upon your charge.
Abundance flows,
Like water to my lips, Your Word revives.
Both cup and brow you bless.
With rod and staff in hand,
I seek your ancient paths.
Forever loved, You carry me
Beneath your Shepherd's cloak.
God's friend and guest, I rest.